

## CERTIFICATE OF ACHIEVEMENT

# Massage Therapy

# MAS.CA

CODE	COURSE	CREDITS	CODE	COURSE	CREDITS
<b>First Semester</b>			<b>Second Semester</b>		
MAS-200	Therapeutic Massage <sup>1</sup>	6	MAS-240	Specialized Massage Techniques <sup>1</sup>	3
MAS-205	Environmental Management <sup>1</sup>	1	MAS-241	Business Management for the Massage Professional <sup>1</sup>	2
MAS-209	Structures & Functions I <sup>1</sup>	4	MAS-255	Massage Therapy Integration & Application <sup>1</sup>	3
MAS-211	Structures & Functions II <sup>1</sup>	2	MAS-260	Palpation and Kinesiology for Massage Therapy <sup>1</sup>	3
HPE-170	First Aid, Safety, Prevention of Injuries	3	MAS-261	Pathology for Massage Therapy <sup>1</sup>	4
		<b>16</b>	HPE-106	Stress Management	3
<b>Summer Session</b>					<b>18</b>
MAS-201	Student Massage Clinic <sup>1</sup>	1	<b>Total Minimum Credits</b>		<b>35</b>
		<b>1</b>			

<sup>1</sup> MAS courses are restricted to students formally admitted into the Massage Therapy Program.

NOTICE: Clinical placements are a required part of the curriculum and a requirement for graduation. Clinical placements may require a criminal background check, health clearance and/or drug testing before participation is allowed. Clinical sites may deny a student's participation in the event of a positive finding. Individuals who have been convicted of a felony or misdemeanor may be denied certification or licensure as a health professional. Information regarding eligibility may be obtained from the appropriate credentialing body.

## PROGRAM DESCRIPTION

Massage therapy is a profession in which the practitioner applies manual techniques with the intention of positively affecting the health and well-being of the client. An increasing body of research shows massage therapy reduces heart rate and can help lower blood pressure. The most common types of massage are Swedish massage, deep-tissue massage, Shiatsu-acupressure, neuromuscular, trigger point and sports massage. This program meets the state of New Jersey requirements for licensure as a massage therapist.

## PROGRAM GOALS

- To provide students with the skills and knowledge needed to take the National Certification exam as set forth by the National Certification Board for Therapeutic Massage and Bodywork.
- To provide students with bodywork techniques and skills needed to be employed as a massage therapist.
- To prepare students to be successfully employed in the field of massage therapy.

## SPECIAL ADMISSION REQUIREMENT

Students must be interviewed by the director of Lourdes Institute for Wholistic Studies, for entry into the program (856) 869-3134.

## SPECIAL PROGRAM REQUIREMENTS

- Special lab fees for all MAS courses
- Special equipment and materials for some MAS courses

## ACCREDITATION

This program meets all the standards and requirements of the 504 minimum hours of massage education which will allow the student to become certified and/or licensed by the state of New Jersey, as described by the New Jersey Board of Massage and Somatic Therapies.

## EMPLOYMENT OPPORTUNITIES

- Hospitals
- Chiropractor and physician offices
- Fitness centers
- Health clubs and spas
- Sports medicine centers

## CONTACT PERSONS

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## THIS PROGRAM IS NOT APPROVED FOR FINANCIAL AID

## Highlights

*This program is a joint venture between Camden County College and Lourdes Institute of Wholistic Studies in Camden. All MAS courses will be taught in Camden. Please note special lab fees are required for all MAS courses. Special equipment and materials are required for this program of study.*