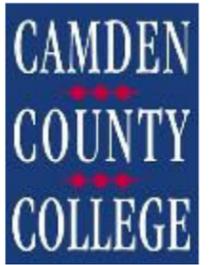


# The Campus Press

Student Newspaper of Camden County College



www.camdencc.edu

Volume 28, Issue 5

October 2015

## Preparing For Life's Emergencies — Do You Have a Plan?

By JENNAFER CHLOE BOHNE  
Campus Press Co-Editor and Columnist

One of the things we are taught growing up is to be prepared; expect the unexpected. You prepare for school, church, work, bed etc., but one of the most important things that you should be prepared for (and most aren't): an emergency.

Life is unpredictable and you never know when disaster will strike. What if a robbery were to take place in your home during the middle of the night? Or if there's a natural disaster such as hurricane, tornado, or an earthquake? What if you're in a car accident?

### Have A Plan For Life's Emergencies

In any of these cases it's extremely important to have a plan. One of the first things your body will do when faced with an emergency, even if not of your own harm, is go into a paralyzing state of fear. This is only natural, but if you know what to do once you've snapped out of this trance, you'll have a better chance of overcoming this disaster.

The Red Cross suggests some basic steps to help assure your safety in an emergency and/or natural disaster. You can find more on this subject and other tips at [www.redcross.org](http://www.redcross.org).

### First Things First...

The first thing to do is meet with your family or household members to discuss what to do and how to handle the situation when faced with this occurrence. Settle the different possible disasters that could and might occur in the area you live in. Identify different

*Continued on Page 6*

## October Holidays, Events & Observances Include

- ◆ AIDS Awareness Month
- ◆ ADHD (Attention Deficit Hyperactivity Disorder) Month
- ◆ Breast Cancer Awareness Month
- ◆ Bullying Prevention Month
- ◆ Columbus Day (Monday, Oct. 12)
- ◆ Hispanic Heritage Month
- ◆ Halloween (Friday, Oct. 31)
- ◆ Italian American Heritage Month
- ◆ LGBT History Month
- ◆ National Arts & Humanities Month
- ◆ National Crime Prevention Month
- ◆ Vegetarian Month
- ◆ (World) Blindness Awareness Month

### INSIDE:

- Life of Lady Pirate Ching Shih, page 3
- Latino Americans, 500 Years of American History, page 4
- My Life as a Distance Runner, page 7

## Camden Campus Students Celebrate Start of Fall Classes



Photo: Jason Love, Camden City Campus

**ENJOYING THE FOOD AND FESTIVITIES** — New and returning CC Camden Campus students attend the welcome back September 23 event that featured plenty of food and fun. Another photo is on page 4.

## RELATING TO WHAT'S ON TELEVISION — TV Review: CBS Series "Scorpion"



(Katharine McPhee); Sylvester Dodd (Ari Stidham); Cabe Gallo (Robert Patrick); Happy Quinn (Jadyn Wong); and Tobias M. "Toby" Curtis (Eddie Kaye Thomas). The cast is well chosen and befitting to their roles.

### Relate to Character Sylvester

*Scorpion* appeals to me mainly because the show features Robert Patrick, one of my favorite actors. Patrick is best known for his portrayal of the T-1000, the shape-shifting killing machine disguised as a police officer, in *Terminator 2: Judgment Day*. In *Scorpion*, he plays Cabe Gallo, a special agent employed by the U.S. Department of Homeland Security. The other character in the show that really stands out is Sylvester Dodd, portrayed by Ari Stidham. I can relate to Sylvester very well because he struggles with obsessive-compulsive disorder and anxiety, both of which are typical symptoms of people with autism-spectrum disorders.

*"Scorpion has a really cool and grabby pilot that moves at a jolting, jackrabbit pace. But the episode has the unmistakable aura of a magic trick."*  
— The Philadelphia Inquirer

My favorite episode of *Scorpion* is "Father's Day."

*Continued on Page 4*

By TIMOTHY POJAWIS  
Campus Press Co-Editor and Columnist

CBS' new series *Scorpion* is, in my opinion, one of the best crime investigation shows produced by a national network. The series gets its name from the idea that it is the last line of defense against complex, high-tech threats around the world. The six main characters in the series and the cast members who portray them are Walter O'Brien (Elyes Gabel); Paige Dineen



# Happy Halloween



See Camden County College's Team Sports Schedules on Page 7.

## Join The *Campus Press* Staff and Share Your Ideas

**H**ave you got the slightest want or need to share your creativity and opinion?

Self-expression, accuracy, and community involvement are valued deeply by Camden County College's own newspaper, *The Campus Press*.

Whether you're a communications major

**BY JENNAFER CHLOE BOHNE**  
Campus Press Co-Editor

who wants to build a portfolio or simply have an interest in

attending and reporting local news, we are waiting for you.

If you have a compelling angle on any sort of sports, we'd love to hear it! If you've got a hit on any local, national, or global news, speak up and be heard. If you have an interest in photography, fill in the imaginations of your readers with your own visuals.

Whether your expertise is in writing articles, gathering important or hot news, recording special events or expressing your own opinions through the visual arts, or interviewing and reporting on the latest cries of the school and county, *The Campus Press* is where you should be!

### Share Your Perspective and Voice

Make friends, find similar passions, and

**Campus Press Editorial Office**  
Community Center, room 106  
(\*Tuesday & Thursday, 11 a.m.-12 noon; Thursday, 2 p.m.-3 p.m.)  
Email: [campuspress@camdencc.edu](mailto:campuspress@camdencc.edu)

\*Except during production week

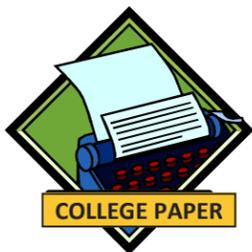
collaborate on topics. Share a part of your style with your fellow students by creating a fashion column. Give your opinions by submitting an old essay.

It's up to you at *Campus Press*, where you will be warmly welcomed and immensely appreciated for your perspective and voice.

Journalism is an art. **Be an artist.** Join CCC's *Campus Press*.

The *Campus Press* meets in room 106 in the Community Center, on the Blackwood Campus. The Camden Campus and Rohrer Center students should find it easy to always be involved by e-mail. For more information, contact us: [campuspress@camdencc.edu](mailto:campuspress@camdencc.edu).

We look forward to hearing from you!



## CCC Presents Mobile App

Camden County College students can now utilize the CCC Mobile App for their WebAdvisor needs, according to Linda Drexel, Assistant Dean of Enrollment Services.

Checking grades, managing your class schedule and registration have never been easier! Students must have logged into WebAdvisor once and reset their password on a desktop computer (PC) before accessing the application.

You can even tune-in to CCC's own WDBK FM radio station to relax after studying.

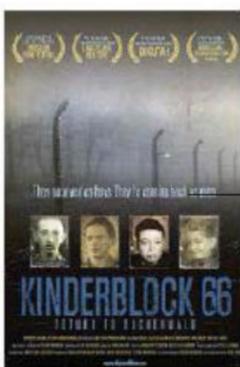
Source: CCC Assistant Dean of Enrollment Services.



Graphic: CCC.

## Library Service Announcement

### Please Join Us for a Film Screening and Discussion



## Kinderblock 66: Return to Buchenwald

When General George Patton's U.S. Third Army liberated Buchenwald on April 11, 1945, American soldiers found nearly 1,000 young boys among the 21,000 surviving prisoners. Most were adolescents (including Elie Wiesel), but one-sixth of the prisoners were 12 years old and younger. How were these children still alive to be liberated? Who helped these children survive?

*Kinderblock 66* was written and directed by Rob Cohen, and produced by Steven Moskovic, the son of a Buchenwald boy. This remarkable film traces the story of four former Buchenwald boys, now elderly men, who travel back to Buchenwald to commemorate the 65th anniversary of liberation. This is their story and it is a reminder about the responsibilities of remembrance.

**DATE:** Tuesday, October 27, 2015

**TIME:** 6:30 p.m.

**LOCATION:** Camden County College, Blackwood Campus, Civic Hall, Connector Building

**DIRECTIONS:** <http://www.camdencc.edu/>  
Free parking available.



[www.kinderblock66thefilm.com](http://www.kinderblock66thefilm.com)

This screening is co-hosted by the Camden County College Library, the Camden County Cultural and Heritage Commission and the Goodwin Holocaust Museum and Education Center.

Please join us for a free screening of the film to be followed by a discussion facilitated by the Executive Producer and Co-Producer of the film.



Camden County Cultural and Heritage Commission

Camden County College LIBRARY

## The Campus Press Editorial Office

We welcome articles, graphics and photography (.jpeg or PDF); letters, comments and ideas (and preferably in Word 97-2003 format or as e-mail inserts).

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Jason Love  
Camden Campus  
CCC Library

The opinions expressed in *The Campus Press* are not necessarily those of the college, the student body, or the entire newspaper

The *Campus Press* is seeking students to join the newspaper's reporting, writing, editing, graphics, photography, advertising, marketing and administrative staff. E-mail the Campus Press Advisor at [campuspress@camdencc.edu](mailto:campuspress@camdencc.edu).

**CAMPUS PRESS ADVISOR**  
**PRODUCTION COORDINATOR**  
Samuel W. Pressley

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November	Oct. 12	Oct. 13	Week of Nov. 2
December	Nov. 10	Nov. 14	Week of Dec. 7
Jan./Feb.	Dec. 14	Dec. 16	Week of Jan. 11
March	Feb. 10	Feb. 11	Week of Mar. 7
April/May	March 9	March 10	Week of Apr. 4



\*Subject to change and without notice.

## HISTORIC PROFILE: The Life and Times of Pirate Ching Shih — From Prostitution to Aristocracy

By JENNAFER CHLOE BOHNE  
Campus Press Co-Editor and Columnist

Ching Shih (born Shi Xianggu 1775-1844) was a prominent pirate in Qing China who terrorized the South China Sea in the early 19th century. She lived as a Cantonese prostitute who worked in a small brothel in Guangzhou.

In her late adolescent years she was captured by pirates, among which was Cheng I, whom she married in 1801. (Information for this article was gathered from [www.wikipedia.org](http://www.wikipedia.org) Pirate Ching Shih (1775-1844) and [www.ancient-origins.net](http://www.ancient-origins.net).)



Gharib look like Club Med. If you stole or looted from a town that provided assistance or tribute to the pirate fleet, Ching would chop your head off with a battle axe and dump your lifeless body in the ocean.

Raping any captured female prisoners was punishable by death, or if you had consensual sex while on duty you got your head chopped off and the babe you were getting it on with would be strapped to a couple

cannonballs and chucked off the side of the boat. If you thought you could get away with anything because she was a girl, man were you wrong, and she would go to any length to make sure you knew it!

**Consolidates Leadership**  
Of course, she knew that cultivating tons of pent-up sexual frustration was a good way to end up with a bunch of pissed-off men who were more than eager to take out their aggression on any pirate hunters obtuse enough to get in their way. If you weren't able to handle it, and tried to go AWOL, she would track you down, chop off your ear and pass it around to all of the other pirates with a note on it saying, "this guy ran like a little f\*\*\*ing b\*\*ch because he was a total p\*\*\*y."... The vocabulary this woman possessed was just a tad deficient.

She was a leader unlike any they'd had before. Soon into her rule, she took a charismatic man named Chang Pao as her husband and installed him as head of the fleet. This proved a savvy move for a number of reasons. Chang Pao had been her husband's right hand man

*Continued on Page 4*

GRAPHICS:  
[matrixbotanica.tumblr.com](http://matrixbotanica.tumblr.com) (above)  
[geschiedenis.com](http://geschiedenis.com) (below)

Family of Pirates  
The name she is best remembered by simply means "Cheng's widow". Cheng I belonged to a family of successful pirates who traced their criminal origins back to the mid-17th century. Following his marriage to Ching, "who participated fully in her husband's piracy", Cheng I used military assertion and his reputation to gather a coalition of competing Cantonese pirate fleets into an alliance.

### Family of Pirates

By 1804, this coalition was a formidable force, and one of the most powerful pirate fleets in all of China; they were known as the Red Flag Fleet.

**Succeeds Husband as Leader**  
On 16 November 1807, Cheng I died in (what is now) Vietnam. The cause of death, according to most sources, is said to have been by tsunami. Now whoever said pirate captains had to be men? According to legend, following her husband's death, she summoned the scattering fleet captains and announced: "Under the leadership of a man you have all chosen to flee. We shall see how you prove yourselves under the hand of a woman."

Now a lot of people weren't too keen on having a woman for an Admiral, so like any good pirate would, Ching exerted her authority by laying down a pirate code of conduct that made Abu

Lady pirate Ching Shih (left) engages in battle



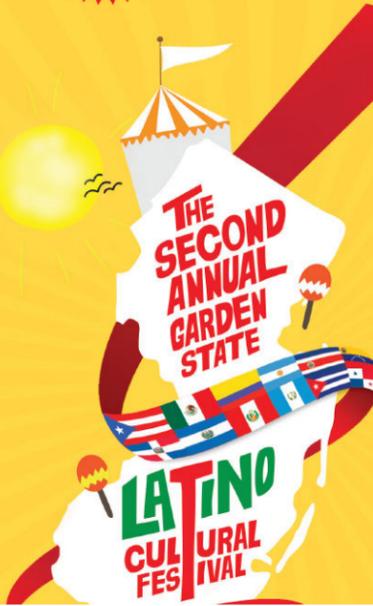
Lady pirate Ching Shih (left) engages in battle

Public Service Announcement

**SAVE THE DATE!**

NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF LATINO PEOPLE  
**NAALP** PRESENTS:  
ASOCIACION NACIONAL PARA EL AVANCE DE LAS PERSONAS LATINAS

EVENT WILL BE INDOORS



# SECOND ANNUAL GARDEN STATE LATINO CULTURAL FESTIVAL

Sat October 10, 2015  
11 AM - 5 PM

College Service Announcement

The Office of Student Life and Activities

# Lighting the Way For Future Leaders

Get involved in...

- Student Government
- Student clubs
- Campus events
- Bus trips
- Community Service Projects
- Campus Press Newspaper
- WDBK Radio Station

Visit the Office of Student Life & Activities  
Otto R. Mauke Community Center, room 200  
Blackwood Campus  
8:30-4:30 Mon-Fri  
(865) 374-4882  
[www.camdencc.edu](http://www.camdencc.edu)





## Smiling Faces

**Tell the Story** — New and returning students at the Camden Campus enjoy the food and fun at the welcome back festivities for the start of fall classes. The Sept. 23 event also provided an opportunity for student clubs to introduce their organizations to potential new members. Another photograph is on page 1.

Photo: Jason Love, Camden City Campus

## Relating to What's On TV TV Review: "Scorpion"

Continued from Page 1

In this episode, Paige receives a phone call from her son Ralph's long-lost father, Drew. It's been seven years since Drew has seen Ralph, but Paige is unsure as to whether to allow her son to meet Drew and risk having Ralph disappointed again. The plot of this episode involves three convicts who have recently escaped from prison without leaving any signs of a breakout. One of the convicts is a well-known hacker named Percy Tate.

"They [the Scorpion team] may be absurd, but they're enjoyable..."  
— USA Today

Eventually, Walter realizes that Percy is a mastermind who figured out a way to hack into the New York Stock Exchange. The other two convicts are Percy's decoys, who have been assigned to find a getaway car and get the three of them out of prison.

Walter and the other team members hack into Percy's laptop webcam, enabling them to see their target firsthand. The two Russian escaped convicts are holding Percy hostage, forcing him to go through with his financial thievery on their behalf. As soon as Percy completes his mission of making millions of dollars off his stock exchange heist, his two Russian accomplices will kill him. *Scorpion* must rescue Percy before he gets murdered.

"It's hard to explain why it all works, except it does."  
— New York Daily News

In the end, the escaped convicts are sent back to prison. At the same time, Paige decides to let Ralph meet with his father who, after a background check, is found to have a clean record.

*Scorpion* is a must-watch for anyone who loves crime investigation shows, with intrigue and prestige.

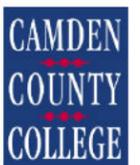
College Library Service Announcement

Camden County College Library Invites You!



# LATINO AMERICANS

## 500 YEARS OF HISTORY



This 6-part PBS Latino American documentary series presents an engaging overview of the history and experiences of Latino Americans who have helped shape the United States over the last 500 years.

The series attempts to go to places where standard U.S. histories do not tend to tread and features interviews with close to 100 Latinos from the world of politics, business, military, academia, literature, and pop culture.

**THURSDAYS at 6:30 p.m.**

**Free film screenings followed by scholar-led discussions**

**LOCATION:** Camden County College, Blackwood Campus, Civic Hall, Connector Building

**Foreigners in Their Own Land (1565-1880)**

**October 22**

**Empire of Dreams (1880-1942)**

**October 29**

**War and Peace (1942-1954)**

**November 5**

**The New Latinos (1946-1965)**

**November 19**

**Prejudice and Pride (1965-1980)**

**December 3**

**Peril and Promise (1980-2000)**

**December 10**

For additional information, visit the CCC Library Website: <http://library.camdencc.edu>

For more information or to reserve a seat, contact Barbara Laynor, Project Director ([blaynor@camdencc.edu](mailto:blaynor@camdencc.edu)) or Valerie Concordia, Center for Civic Leadership & Responsibility ([vconcordia@camdencc.edu](mailto:vconcordia@camdencc.edu)).



**Project Scholar:** Lorrin R. Thomas, PhD, is Associate Professor and Chair of the Department of History, Rutgers University, Camden. Her books include *Puerto Rican Citizen: History and Political Identity in Twentieth-Century New York City* and *Rethinking the Puerto Rican Movement* (in progress).

**CCC Panel Professors:** J. Pesda, E. Favilla, Y. Ildefonso, and J.D. Patrick

## HISTORIC PROFILE: Pirate Ching Shih — From Prostitution to Aristocracy

Continued from Page 3

(and lover...and adopted son...) and was widely respected among all the pirate fleets.

Moreover, he was an illiterate fisherman's son, who'd been taken by the pirates as a child and received little to no schooling, and likely easy to manipulate. With Chang Pao leading their troops in raids and the like, Ching focused on the "business" side of things, continuing to

plan military strategy and also to govern and grow the organization into something that went beyond just partnered pillaging pirates. At the Red Flag Fleet's peak in 1810, she commanded about 1800 ships, both big and small; 70,000-80,000 pirates (about 17,000 male pirates directly under her control, the rest being other pirate groups who agreed to work with her group, then female pirates, children, spies,

farmers enlisted to supply food, etc.); controlled nearly the entire Guangdong province directly; held a vast spy network within the Qing Dynasty; and dominated the South Chinese Sea.

In order to manage her ruffians and get them all to do what she said without question, she set up a strict system of law within the Red Flag

Continued on Page 5

## MUSIC REVIEW — Phila. Orchestra Offers Unlimited Concerts Membership to Students

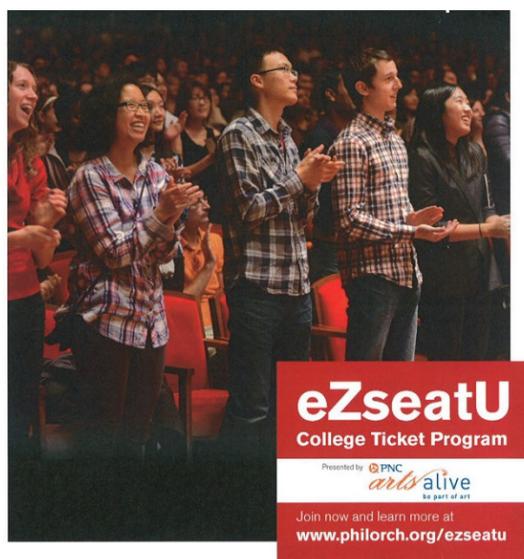
By HARRY SCHONLEBER  
Campus Press Music Columnist

Hello fellow music lovers. As the campus representative to the Philadelphia Orchestra, I want as many students as possible to take advantage of this incredible program called eZseatU that allows unlimited world-class concerts for free (with \$25 membership) and other perks only available to college students.

Here is the link to this great program:

<https://www.philorch.org/ezseatu>.

Photos: The Philadelphia Orchestra



## HISTORIC PROFILE: Pirate Ching Shih — From Prostitution to Aristocracy

Continued from Page 4

Fleet which basically equated to, “You don’t follow the rules or I think you aren’t and you get your head chopped off. No exceptions.”

### Creates Tough Laws

Specific laws included:

- If you disobey an order, you get your head chopped off and body thrown in the ocean.
- If you steal anything from the common plunder before it has been divvied up, you get your head chopped off and body thrown in the ocean.
- If you rape anyone without permission from the leader of your squadron, you get your head chopped off and your body thrown in the ocean.
- If you have consensual sex with anyone while on duty, you get your head chopped off and your body thrown in the ocean and the woman involved would get something heavy strapped to her and also tossed in the ocean.
- If you loot a town or ship of anything at all or otherwise harass them when they have paid tribute, you get your head chopped off and your body thrown into the ocean.
- If you take shore-leave without permission, you get your head chopped off and body thrown into the ocean.
- If you try to leave the organization, you get your head... ha, just kidding, in this case you get your ears chopped off.
- Captured ugly women were to be set free unharmed.
- Captured pretty women could be divvied up or purchased by members of the Red Flag Fleet. However, if a pirate was awarded or purchased a pretty woman, he was then considered married to her and was expected to treat her accordingly. If he didn't, he gets his head cut off and body thrown in the ocean.

### Ching Proves Fierce in Battle

She won battle after battle until finally the Emperor decided to take a different tack. Instead of trying to defeat her, he offered her and most of her organization amnesty. Ching initially rejected the terms of the amnesty treaty. However, in 1810 she unexpectedly showed up at the home of the Governor General of Canton with the intention of working out a peace treaty. The deal that she struck was that the fleet would disband, including giving up most of their ships, and in return, they would nearly all be granted amnesty and allowed to keep any loot they had acquired during their time as pirates.

The exceptions were 376 of her crew of which 126 were executed and the other 250 received some punishment or



Pirate Ching Shih (1775-1844)  
Graphic: matrixbotanica.tumblr.com

other for their crimes. All the rest got off scot-free and as part of the agreement any who wanted it were to be allowed to join the military, including her second in command and now husband, Chang Pao. He was given command of 20 ships in the Qing Dynasty navy to command.

### Ching Acquires Noble Title

Ching was also given money to distribute to her crew to help offset the cost of them switching from a life at sea, to one in the mainland. As for Ching herself, she negotiated the rights to keep the fortune she'd accumulated and acquired a noble title, “Lady by Imperial Decree”, which entitled her to various legal protections as a member of the aristocracy. She then retired at the

age of 35, opening a gambling house and brothel in Guangzhou, Canton, which she managed until her death at the age of 69. During this time, she also became a mother to at least one son who later gave her grandchildren. One can only imagine the bedtime stories she told her son and grandchildren.

### Ching Retires as Aristocrat

So not only was she arguably the most successful pirate of all time, but unlike pretty much every other famous pirate in history, she also managed to escape being executed or punished in any way for her crimes. She retired extremely wealthy and a member of the aristocracy.

College Library Service Announcement



## Camden County College Library Invites You!



### Book Discussion

*My Beloved World* is Supreme Court Justice Sonia Sotomayor's compelling memoir of her early years. Come discuss this beautifully written tale of family, education, law, and hope with Professor Lis Bass. Copies of the book can be borrowed from the Library.

### BOOK DISCUSSION DATES

**Monday, November 2, at 3:30 p.m.**

Cherry Hill: William G. Rohrer Center, Executive Conference Room 110

**Thursday, November 12, at 3:30 p.m.**

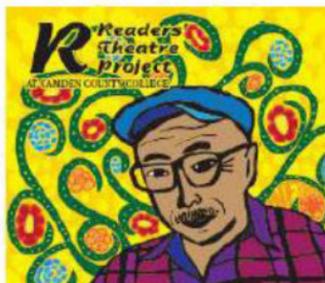
Camden: Paul Robeson Library, Rutgers University

**Monday, November 16, at 2:30 p.m.**

Blackwood: Blackwood Campus Library, Conference Room 002

### Camden County College Readers' Theatre

The Readers' Theatre Project will showcase U.S. Poet Laureate, Juan Felipe Herrera, in a multimedia presentation of selected works. The performance will be accompanied by live music and filmed sequences shot and edited by the students of the College's Film & Television Production program.



### PERFORMANCE DATES

**Wednesday, November 4, at 12:30 p.m.**

Blackwood Campus, Taft Building, Presentation Room 226

**Monday, November 23, at 12:30 p.m.**

Blackwood Campus, CCC Library, First Floor

**Wednesday, December 2, at 12:30 p.m.**

William G. Rohrer Center, Cherry Hill, Lobby Atrium

**Thursday, December 3, at 6:30 p.m. (before Film Screening)**

Blackwood Campus, Civic Hall, Connector Bldg.

**Monday, December 7, at 12:30 p.m.**

Camden Campus, Camden Technology Center (CTC), First Floor Lobby

These events are being presented in conjunction with programming being offered throughout Fall 2015 and Spring 2016 as part of a *Latino Americans: 500 Years of History* grant awarded to Camden County College Library.



Join us for these exciting events!  
A schedule of all events can be found at:  
<http://libguides.camdencc.edu/latinoamericans>



## Make Plans for Life's Emergencies

Continued from Page 1

responsibilities that each member should hold, so you may remain orderly and efficient in such case; if a member of the family is military, discuss what to do if he or she is deployed. If you are separated while a disaster occurs, here are some steps to follow:

Choose two places to meet, either outside your home if there's say a fire, or outside the neighborhood or county in case you cannot return home or are asked to evacuate your home and or town. Choose an out-of-area emergency contact person. It may be easier to text or call long distance if local phone lines are overloaded or out of service. Everyone should have emergency contact information in writing or saved on their cell phones.

If for any case you do have to evacuate, here are some specific plans: Decide where you would go and what route you would take to get there. You may choose to go to a hotel/motel, stay with friends or relatives in a safe location or go to an evacuation shelter if necessary. Practice evacuating your home twice a year. Drive your planned evacuation route and plot alternate routes on your map in case roads are impassable. Plan ahead for your pets. Keep a phone list of pet-friendly hotels/motels and animal shelters that are along your evacuation routes.

### Home Invasion

Now what if your house is broken into in the middle of the night and you're still in it? Well, first things first; always lock your doors and windows. Not just before you retire for the night, although

it's very important you remember to do this, but also during the day. Something everyone should consider is a deadbolt lock on your door.

If the robber appears armed and dangerous it's best to find the closest and easiest escape, say a back door or even a window. Of course a second, or even third, story window is a little more drastic, but take precautions as necessary. If the robber spots you, don't provoke or aggravate he or she, and its best to now show the robber if you are armed, whether you are faking it to appear tough and equally dangerous or you really have a weapon. Said robber could also be armed and the last thing you want is to be between an angry stranger and their

weapon; they're already participating in a felony, what's one more if they're already caught? And if you're home alone and someone knocks on the door you don't recognize, under any circumstance don't open the door. Sure, maybe it's a little girl selling

cookies or an innocent stranger who's lost; or it's a dangerous armed robber with no intentions of asking for directions.

### Tornado Warning

What happens if a tornado strikes? Our government is pretty good with keeping an eye and ear out for any harmful weather, but they're only human and sometimes the weather comes in fast and not much can be done to warn you. So it's best to already know what to do if you spot such weather. An underground area, such as a basement or storm cellar, provides the best

#### Police Emergency Dial 911

#### Camden County College

There are direct emergency phones located at each campus that are clearly identified, and can be called from any extension by dialing...

**7777 at Blackwood**  
**1393 at Camden, and**  
**6666 at Rohrer.**

Source: [www.camdencc.edu](http://www.camdencc.edu)

## Join Camden County College Team Cure 4 U

for the



**MAKING STRIDES**  
Against Breast Cancer®



**Sunday, October 25, 2015**

Cooper River Park - Jack Curtis Stadium  
5300 North Park Drive  
Pennsauken, NJ  
[www.makingstrideswalk.org/PennsaukenNJ](http://www.makingstrideswalk.org/PennsaukenNJ)

**Sign up for the walk, support a walker, honor a loved one, or make a donation:**



Blackwood Campus  
Office of Student Life & Activities  
Otto R. Mauke Community Center,  
room 200  
Team Leader: Renee Pollard  
(856) 227-7200, ext. 4282  
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protection from a tornado. If an underground shelter is unavailable, consider the following: Seek a small interior room or hallway on the lowest floor possible; stay away from doors, windows, and outside walls.

Stay in the center of the room, and avoid corners because they attract debris; rooms constructed with reinforced concrete, brick or block with no windows and a heavy concrete floor or roof system overhead; Avoid auditoriums, cafeterias and gymnasiums that have flat, wide-span roofs.

You should also be aware of what to do if caught outdoors when a tornado is threatening. Seek shelter in

a basement or a sturdy building. If one is not within walking distance, try to drive in a vehicle, using a seat belt, to the nearest shelter. If flying debris is encountered while in a vehicle, there are two options: 1) staying in the vehicle with the seat belt on, keeping your head below the windows and covering it with your hands or a blanket, 2) if there is an area which is noticeable lower than the roadway, lie in that area and cover your head with your hands.

**Tornado Watch:** Tornadoes are likely to occur in the watch area. Be ready to act quickly and take shelter, and check supply kits. Monitor radio and television stations for more information.

**Tornado Warning:** Imminent threat - A tornado has been sighted in the area or has been indicated by radar. Take shelter immediately. Your local emergency management office can provide information about your community's tornado warning system.

If a fire is to break out into your home there are many different ways you can go about it depending on the fire, where you live and where in your home the fire is and you are.

For in depth steps and precautions please seek info at [www.nfpa.org](http://www.nfpa.org).

Disasters happen too often and too few people know what steps to take in such a case, so I strongly encourage you to take action and make your emergency preparedness plan. If your community has experienced a disaster, register on the American Red Cross Safe and Well website to let your family and friends know you are safe.

You may also call 1-800-RED CROSS (1-800-733-2767) and select the prompt for "Disaster" to register yourself and your family.

**Join The Campus Press.**

[campuspress@camdencc.edu](mailto:campuspress@camdencc.edu)

Fire experts agree that people may have as little as

**2 MINUTES**

to escape a burning home before it's too late to get out.

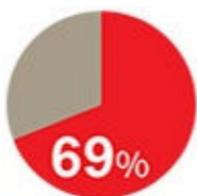
**But many Americans have a false sense of security about surviving a fire.**



**62%** mistakenly believe that they have at least five minutes or more to escape a burning home – more than twice as long as they really may.



**18%** mistakenly believe they have 10 minutes or more to escape.



of parents believe their children would know what to do or how to escape with little help but...



**52%** of parents with children ages 3-17 have not talked to their families about fire safety.



**70%** of families with children have not identified a safe place to meet outside the home.



**82%** have not practiced home fire drills.

People can take easy steps to increase their chances of surviving a fire.

1. Make an escape plan



2. Make sure you have working smoke alarms in your home.



3. Practice fire drill, then check your escape time.



Source: [m.fema.gov](http://m.fema.gov)

# SPORTING NEWS & 2015 SCHEDULES



To see CCC team schedules and statistics, go to [www.camdencc.edu](http://www.camdencc.edu). Contact: Athletic Director William Banks (in Papiano Gymnasium).

**Cross Country Schedule** Head Coach: Wayne Merkh Assistant Coach: Michele Gegenheiner

Date	Day	Time	College	Place
October 10	Saturday	TBD	Jack Saint Clair Memorial	Philadelphia, PA
October 17	Saturday	TBD	Alvernia Invitational	Leesport, PA
October 25	Sunday	TBD	Region XIX Championship	Newark, NJ
November 7	Saturday	TBD	NJCAA Championship	Holyke College, MA

**Men's Soccer Schedule** Head Coach: Giuseppe Lamberti Associate Coach: Jimmy Connors Assistant Coach: Andrew Baus

Date	Day	Time	College	Place
October 10	Saturday	12:00 pm	CC of Morris	H
October 17	Saturday	1:00 pm	Nassau CC	A
October 20	Tuesday	4:00 pm	ASA	H

**Women's Soccer Schedule** Head Coach: John Gallagher

Date	Day	Time	College	Place
October 8	Thursday	3:30 pm	CCBC Essex	A
October 13	Tuesday	3:30 pm	Montgomery CC	H



Photos: CCC Athletics Dept.



## SPORTS COLUMN

### My Life as a Distance Runner

By **TIMOTHY POJAWIS**  
Campus Press Co-Editor and Columnist

March 14, 2015, was Pi Day. But for me, that date was the tenth anniversary of the start of my career as a distance runner. Running has had a greater impact on my life than any other activity.

In fact, it provided me with name recognition for the first time in my life and opened the door to a whole new idea of what it means to be an athlete.

**Start Track in 7th Grade**

During my first season of track, in seventh grade, three of my track meets occurred in places which I had never heard of or even seen before: Paulsboro, Woodbury Heights, and Woolwich Township. The experience of competing against previously unheard-of schools broadened my perspective of what it's like to live in New Jersey and stimulated my desire to visit new places.

Although I don't have pictures of my first track season, I still remember it as if it was just yesterday. To me, ten years doesn't feel like a long time.

Although distance

running dominated my high school career, there are two races of note in which I have participated. One race is the Peaks Island 5K, a race sponsored by Portland Trails, a nonprofit urban land trust in Portland, Maine.

**Compete Summers 2007-10**

I competed in this race every summer from 2007 to 2010. The other race is the Cooper Norcross Bridge Run, a six-mile race that comprises the Ben Franklin Bridge and downtown Camden. My first time running in this race was in 2008, and I have run in it every fall since that year.

One race that I've thought of trying out for is the Broad Street Run. Although I've never run a 10K before, I hope that my ten years of running long distances will prove useful. Broad Street is my favorite street in Philadelphia, and I've wondered for a long time how far it goes. Participating in the Broad Street Run will definitely satisfy my curiosity and exploratory nature.

One track meet that I will remember the most took place on May 13, 2009 between two of Audubon High School's biggest rivals,

Woodbury and Overbrook. As the 3200 (two-mile race) was about to begin, my teammate made a false start and was eliminated. As a result, I became the only runner from Audubon in the 3200. The runners from Woodbury and Overbrook both believed that they could defeat Audubon, but they had badly underestimated my ability to overtake them and win the 3200, a feat I had never previously accomplished. By the time the bell lap rolled around, I managed to take the lead and pass all the other runners. I finished the race in 11 minutes and 30 seconds, while behind me all the other runners passed out

as if they had been injured. Although I felt exhausted, I remained standing, thrilled from defeating two of my high school's rivals in one grueling race! My time in the race even established a new record for future distance runners at Audubon.

As mentioned previously, I've been running long distances for a decade, which has shaped my life in many ways, from giving me name recognition to building up my strength and endurance. Distance running is an activity that not only keeps me in shape, but also has made me tougher and more vigilant in the face of other athletes.



Photo is by Bob Fina, a CCC student, who takes photographs for the Phila. Flyers of the National Hockey League.

**FIRE AND ICE** — The Philadelphia Flyers defeated the visiting New York Islanders by a score of 5-2 during regulation on Sept. 25. Goalie Michal Neuvirth (#30) of the Philadelphia Flyers paddles the puck away during the first period.

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