ASSOCIATE IN SCIENCE

Liberal Arts and Science: Health and Exercise Science Option

HPE.AS

PROGRAM DESCRIPTION
The Health and Exercise Science Option prepares a student to receive an Associate in Science degree and transfer to a four-year college to major in a variety of related fields in health, physical education, athletic training, and exercise science.

PROGRAM GOALS
• To prepare graduates to transfer to four-year colleges or universities for further study in health and exercise science and physical education.
• To prepare students with a strong knowledge specific to health and exercise science through successful completion of coursework related to this major.
• To prepare students with a broad base of education through the successful completion of a variety of general education courses.
• To provide students with an understanding of the various career opportunities and areas of specialization within the field of health and exercise science.

PROGRAM STUDENT LEARNING OUTCOMES
At the end of the program, the graduate will be able to:
1. Perform critical analysis in solving problems and analyzing information as it relates to health and exercise science.
2. Explain and apply basic CPR and first aid techniques.
3. Identify and discuss current health issues in the United States.
4. Identify and explain basic components of physical fitness as they relate to teaching children.

EMPLOYMENT OPPORTUNITIES
• Employment opportunities in health, physical education, exercise science, fitness, sports medicine and coaching will continue to be in high demand.
• A student interested in a career in health and physical education should demonstrate an interest in working with individuals who may vary in age from pre-school to senior citizen.
• Specific professional opportunities include teaching health and physical education in public and private schools (K-12), directing adults in corporate, private and recreational fitness programs, coaching school and recreational teams and working in sports medicine and allied health settings.

AREAS OF EMPLOYMENT:
• Teaching physical education and health
• Fitness centers
• YMCA’s
• Wellness centers
• Corporate fitness programs
• Public & private schools
• Sports teams
• Athletic programs

CONTACT PERSON
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Highlights
There are transfer opportunities to the College of New Jersey, Delaware College, Rowan University, Rutgers University, Temple University and West Chester University.

CAMDEN COUNTY COLLEGE 2017

1 Students transferring to Rowan for Athletic Training should see the program director.
2 Students transferring to Rowan should see the program director.